

Psalm 28:7

THE LORD IS MY STRENGTH
AND MY SHIELD;
MY HEART TRUSTS IN HIM,
AND HE HELPS ME.
MY HEART LEAPS FOR JOY,
AND WITH MY SONG I PRAISE HIM.

THINK

List two ways God can help you be strong today.

List three things you are thankful for today.

PRAY

God, thank you for _____.

Help me to trust you during this time at home.

Today, help me to _____.

DO

Make a poster. In big letters, write "**We can trust God with...**" at the top of your poster.

On your own or as a family, write or draw some things you might be worried or wondering about right now.

trust

Psalm 145:13

**YOUR KINGDOM IS AN EVERLASTING KINGDOM,
AND YOUR DOMINION ENDURES THROUGH ALL GENERATIONS.
THE LORD IS TRUSTWORTHY IN ALL HE PROMISES
AND FAITHFUL IN ALL HE DOES.**

THINK

God's kingdom includes everyone who believes in and follows Jesus. How do we show that God is our King?

What are some of the promises God has made?

PRAY

Thank you for being my king. I trust that you will keep your promise.
Today, I need your help with _____ .

DO

Take a walk and explore the part of God's creation you live in.

trust

Psalm 16:9

**THEREFORE MY HEART IS GLAD
AND MY TONGUE REJOICES;
MY BODY ALSO WILL REST SECURE**

THINK

God has promised to bless us. A blessing is a good gift God gives. We can count on seeing those good gifts no matter what the circumstances.

List or draw some of the blessings God is giving you right now.

PRAY

Thank you for _____.
Please give all our doctors and nurses glad hearts today.

DO

DANCE PARTY!

Celebrate God's blessings and make your heart glad. Rejoice by playing music and dancing or singing along.

Psalm 18:30

**AS FOR GOD, HIS WAY IS PERFECT:
THE LORD'S WORD IS FLAWLESS;
HE SHIELDS ALL WHO TAKE REFUGE IN HIM.**

THINK

How can you take refuge in God?

God's Word is full of verses that can help us when we're afraid. Can you think of any?

PRAY

God I trust you. Help me remember to talk to You when I am worried or afraid. Help everyone who is sick to know that you love them.

DO

Make a shield. Use a garbage can lid, cardboard and tin foil, a pie tin, an ice cream bucket lid, or anything you can find. Add a handle and decorate!

Psalm 27:1

**THE LORD IS MY LIGHT AND MY SALVATION—
WHOM SHALL I FEAR?
THE LORD IS THE STRONGHOLD OF MY LIFE—
OF WHOM SHALL I BE AFRAID?**

THINK

How is the Lord our light?

How does the Lord help us when we are afraid?

PRAY

Lord thank you that even when its dark, Your light still shows us what is true and good. Help the people who take care of me.

DO

Set up an obstacle course. Make your way through the course while closing your eyes or wearing a blindfold (a bandana works great). Now try it in the light (with your eyes wide open).

TRUST

Romans 8:38-39

In the Word
FRIDAY, MARCH 27

FOR I AM CONVINCED THAT NEITHER DEATH NOR LIFE, NEITHER ANGELS NOR DEMONS, NEITHER THE PRESENT NOR THE FUTURE, NOR ANY POWERS, NEITHER HEIGHT NOR DEPTH, NOR ANYTHING ELSE IN ALL CREATION, WILL BE ABLE TO SEPARATE US FROM THE LOVE OF GOD THAT IS IN CHRIST JESUS OUR LORD.

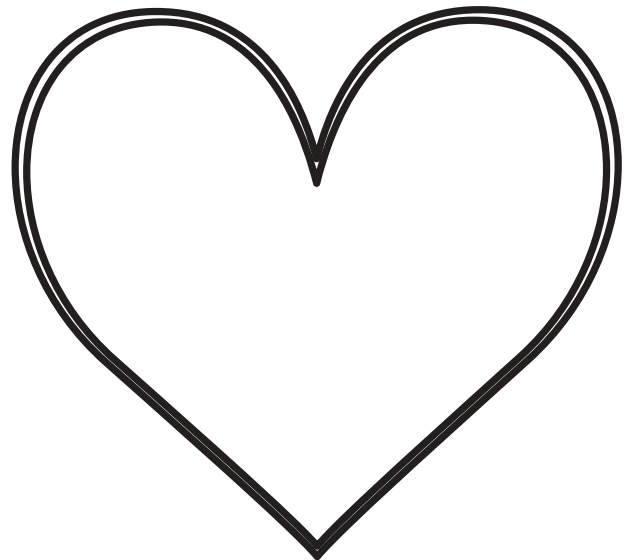
THINK

Write your name in the heart.

On the outside, write down anything that is part of your life, good or bad.

Read the verse again.

Where would you put God?



God is right there in the heart with you. His love never leaves you.

PRAY

Thank you for your love that never leaves me.

DO

Look for a way to show someone else in your home God's love today.

trust

Deuteronomy 6:5

LOVE THE LORD YOUR GOD WITH ALL YOUR HEART AND WITH ALL YOUR SOUL AND WITH ALL YOUR STRENGTH.

THINK

How do you love God with all your heart?

...with all your soul?

...with all your strength?

PRAY

This week, teach me more of what it means to love You and others. Help all the teachers who have to teach from home.

DO

Write God a letter or create a picture to show God you love Him. If you want, share it with your family.

LOVE

John 15:12

MY COMMAND IS THIS: LOVE EACH OTHER AS I HAVE LOVED YOU.

THINK

How does Jesus show He loves us?

How can we show other people we love them?

PRAY

Thank you for all the people who love me. Help me when it is hard to love them back. Be with the people I love who are far away.

DO

Tell people you love them today!

love

1 John 3:18

DEAR CHILDREN, LET US NOT LOVE WITH WORDS OR SPEECH BUT WITH ACTIONS AND IN TRUTH.

THINK

Who do you think the Bible is talking to?

What does it mean to love with actions?

PRAY

Lord, thank you for my family. Help me to love my family with my words but also with my actions.

DO

Do a chore or a job to do that will help someone else today.

LOVE

Romans 12:10

BE DEVOTED TO ONE ANOTHER IN LOVE. HONOR ONE ANOTHER ABOVE YOURSELVES.

THINK

What does it mean to be devoted?

How do we honor other people?

PRAY

Help me to think of others even when I want my own way. Thank you for the people in our lives that are serving others. Guide our leaders as they make decisions—leaders in our churches, our schools, and our government.

DO

Draw a picture of a person or people we should honor because they are serving others. Share your picture. Post it online, send it in the mail (we would love to see it!), or with a friend.

LOVE

Galatians 6:2

CARRY EACH OTHER'S BURDENS, AND IN THIS WAY YOU WILL FULFILL THE LAW OF CHRIST.

THINK

Loving others sometimes means helping them with something that is hard for them.

What is a burden you could help someone in your family carry today?

How could you do that?

What law of Christ does this fulfill? (John 13:34)

PRAY

Please help those that are carrying heavy burdens today. Help the kids that are lonely, hungry, or scared. Thank you for the people who are looking out for them.

DO

Backpack challenge. See if you can fill a backpack so that it's too heavy for one person to carry. Try working together to carry the burden.

Ephesians 4:32

BE KIND AND COMPASSIONATE TO ONE ANOTHER, FORGIVING EACH OTHER, JUST AS IN CHRIST GOD FORGAVE YOU.

THINK

What do people do that makes you feel loved?

Forgiving means not holding someone's action against them.

Is there someone you need to forgive? Or something you need to say you're sorry for?

PRAY

Lord, I'm sorry for _____.

Help to be to patient, kind, and loving with my family today.

DO

Think creatively. Is there something kind that you could do for someone who doesn't live in your house? Decide on one and do it!

LOVE

1 Peter 4:8

ABOVE ALL, LOVE EACH OTHER DEEPLY, BECAUSE LOVE COVERS OVER A MULTITUDE OF SINS.

THINK

How do you love deeply? (1 Peter 4:9-10)

What are some other things the Bible says about love?

PRAY

Thank you for the people I love _____.

Please help those that are serving others right now—people at grocery stores, people at restaurants, policemen, and firefighters.

DO

Write a **poem** about loving like Jesus loves. If you would like, share with your family or work together to create your poem.

LOVE

Psalm 100:1-2

**SHOUT FOR JOY TO THE LORD,
ALL THE EARTH.
WORSHIP THE LORD WITH GLADNESS;
COME BEFORE HIM WITH JOYFUL SONGS.**

THINK

What does joy mean?

What do you have to be glad about today?

PRAY

Lord, you are good and _____ .

Help me to be joyful today

DO

Get Creative! Write a song or create a dance to worship the Lord with gladness.

Psalm 100:3-4

In the Word
SUNDAY, APRIL 5

**KNOW THAT THE LORD IS GOD.
IT IS HE WHO MADE US, AND WE ARE HIS;
WE ARE HIS PEOPLE, THE SHEEP OF HIS
PASTURE.**

**ENTER HIS GATES WITH THANKSGIVING
AND HIS COURTS WITH PRAISE;
GIVE THANKS TO HIM AND PRAISE HIS NAME.**

THINK

How do you enter God's gates and courts? Not sure? Ask someone.

Make a list of things you are grateful for.

PRAY

Thank you, Lord, for _____.

Please help me to show gratitude to others today.

DO

Write a thank you note to someone you are thankful for.

JOY

Psalm 119:14

REJOICE IN THE LORD ALWAYS. I WILL SAY IT AGAIN: REJOICE! LET YOUR GENTLENESS BE EVIDENT TO ALL. THE LORD IS NEAR.

THINK

What two things are we supposed to do?

What is gentleness?

How can you tell the Lord is near?

PRAY

That you for being near to me. Help me to be kind to those in my home today. Be near to all who are sick.

DO

Draw a picture (or 2 or 3...). Hang them in your window so people can see them when they walk by your house.

JOY

Philippians 4:4-5

In the Word
TUESDAY, APRIL 7

**KNOW THAT THE LORD IS GOD.
IT IS HE WHO MADE US, AND WE ARE HIS;
WE ARE HIS PEOPLE, THE SHEEP OF HIS
PASTURE.**

**ENTER HIS GATES WITH THANKSGIVING
AND HIS COURTS WITH PRAISE;
GIVE THANKS TO HIM AND PRAISE HIS NAME.**

THINK

How do you enter God's gates and courts? Not sure? Ask someone.

Make a list of things you are grateful for.

PRAY

Thank you, Lord, for _____.

Please help me to show gratitude to others today.

DO

Write a thank you note to someone you are thankful for.

JOY

Psalm 94:19

**WHEN ANXIETY WAS GREAT WITHIN ME,
YOUR CONSOLATION BROUGHT ME JOY.**

THINK

Anxiety means worry. Is there anything you're worried about?

Consolation means comfort. How does God comfort us. (Remember He uses other people to help with this too.)

PRAY

Lord, help me not to worry. Remind me that you are near. Help me to bring comfort to others too.

DO

Today, take a walk with someone in your home. Watch and listen for signs of spring.

Philippians 4:8

FINALLY, BROTHERS AND SISTERS, WHATEVER IS TRUE, WHATEVER IS NOBLE, WHATEVER IS RIGHT, WHATEVER IS PURE, WHATEVER IS LOVELY, WHATEVER IS ADMIRABLE—IF ANYTHING IS EXCELLENT OR PRAISEWORTHY—THINK ABOUT SUCH THINGS.

THINK

How does what we think about help or hurt us?

What are some healthy things you can do and think about today?

PRAY

Help me to take care of my mind and make good choices about what I watch and read. Remind me that you made me. Please help the people at church and camp as they work to help people know about God's love.

DO

Read a good book today. If you have a younger person in your home, read them your favorite book.

JOY

Romans 15:13

MAY THE GOD OF HOPE FILL YOU WITH ALL JOY AND PEACE AS YOU TRUST IN HIM, SO THAT YOU MAY OVERFLOW WITH HOPE BY THE POWER OF THE HOLY SPIRIT.

THINK

What are you hoping to do when the quarantine is over?

The Lord's hope gives us peace and joy no matter what the circumstances. We can trust God—He is with us and He has great things in store for us.

PRAY

Today, talk to God about what you are hoping for. Ask for His help along the way.

DO

Write a prayer for someone in your home. Share it with them.

JOY